Elementary Lunch Menu

August 2010

Pay for your child's lunch online. It is convenient, simple and secure. Go to www.mylunchmoney.com and sign up today!

EVERY day, EVERY child can select fresh fruit and lowfat milk with lunch.

We also offer a Chef Salad and Smucker's® Uncrustables® Value Meals EVERY day, included crackers, fruit and lowfat milk.

Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SCPS Food Services is pleased to provide you with a variety of "Superfoods" offering super health benefits. Look for the Superfood on the menu and in the cafeteria near some of your favorite foods. For more information on Superfoods go to: http://foodservice.scps.k12.fl.us/ and click on the nutrition tab.				
16 *Gianni's* Pizza (Cheese or Pepperoni) Steamed PEAS Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**17** Baked Chicken Nuggets Mashed Potatoes w/ Gravy Whole Wheat Dinner Roll Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**18** Loaded Nachos Mexican Rice Whole FRUIT® Juice Bar Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**19** Spaghetti w/ MARINARA or Meat Sauce Garlic Breadstick Steamed BROCCOLI Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**20** Hamburger/Cheeseburger with Lettuce & TOMATO Potato Wedges Asst. FRUIT/Baby Carrots Choice of Lowfat Milk
23 *Gianni's* Pizza (Cheese or Pepperoni) Steamed GREEN BEANS Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**24** Baked Chicken Tenders Mashed Potatoes with Gravy Whole Wheat Dinner Roll Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**25** Berk's® Hot Dog Baked BEANS Mini Ice Cream Sandwich Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**26** Macaroni and Cheese with or without Ham Steamed PEAS Whole Wheat Dinner Roll Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**27** Baked Chicken Sandwich with Lettuce & TOMATO Corn on the Cob Asst. FRUIT/Baby Carrots Choice of Lowfat Milk
30 *Gianni's* Pizza (Cheese or Pepperoni) Steamed GREEN BEANS Asst. FRUIT/Baby Carrots Choice of Lowfat Milk	**31** Baked Chicken Nuggets Mashed Potatoes w/ Gravy Steamed PEAS Asst. FRUIT/Baby Carrots Choice of Lowfat Milk			

Assorted Fruits may include:
CHERRIES, BLUEBERRIES
Apples, Peaches

Menus are analyzed with USDA approved software.